



2022 Independent Lake Camp COVID-19 Health & Safety Plan

For this summer ILC will be operating as a careful campus. We are planning a thoughtful approach to minimize risks while benefiting from the rewards of a full ILC experience. The following describes control points involved.

CAMPERS

- Pre- arrival Behavioral Guidelines & negative COVID test required

We will need all of our families to participate in the goal of keeping our camp community as healthy as possible. We will be sending out reminders before camper arrivals to limit any higher risk exposures for the 10 days before your camper joins us at ILC. Families will be asked to have their camper COVID tested in the days leading up to camp and the results of that test must be negative for the camper to attend that session. Any family with a camper testing positive will need to coordinate with camp administration to reschedule their arrival plans.

Camper families must fill out a **Pre-Arrival Screening Form** in the two weeks prior to their arrival.

In an effort to minimize illness at camp, we ask that you check on the health of your camper daily and refrain from high risk exposures beginning 10 days prior to their camp start date. The best camp sessions start with healthy campers, and this begins at home. If your camper has any of the following symptoms prior to camp, we expect you to notify our office to reschedule their session for the upcoming summer:

- Fever over 100.4
 - New loss of taste or smell
 - Vomiting / Diarrhea
 - New undiagnosed respiratory symptoms
- Testing

Our COVID testing protocol is comprised of the following tests:

1. A pre-arrival test (we will send instructions on what type of test) done at home in the days prior to camp
2. An on-camp rapid antigen test upon arrival.

Keep in mind, even though our COVID mitigation plan involves COVID specific testing, we also want to minimize any other illnesses (that could look similar to COVID). This is why we ask our families to take steps in sending us a healthy camper, regardless of their COVID vaccination status. Children should refrain from attending any unnecessary gatherings in the time leading up to camp (sporting events, parties, play dates, sleepovers, etc). They should be taught to practice diligent hand hygiene. ***Family support will be essential to camp starting as healthy as possible.***

- Vaccination

While completing the Pre-Arrival Screening form, families will see that there is a place to enter any camper vaccination information. **While not required, we are strongly encouraging all campers that are eligible to get vaccinated.** The CDC recommends that everyone 5 years and older get their primary series of COVID-19 vaccine and everyone 12 and older to also receive a booster 5 months after their primary series.

More information about how to obtain a COVID-19 vaccine is found [here](#).

Note: Even if a camper is either partially or fully vaccinated, they will still have to go through our COVID Testing Plan.

- Camper arrival

Families will receive detailed arrival procedures including being assigned a drop off time bracket. The staggered arrival will allow control of flow through our health check stations (COVID test, temperature reading, questionnaire with nursing staff). Anyone being picked up by camp will also be required to go through the health screenings.

- Quarantine procedures

In the event that someone receives a positive test result, we are prepared to re-test them to confirm that finding and then work closely with that camper's family to formulate the best plan of action. One option will be for the camper to return home for at least 5 days before returning to camp. We will have quarantine bunks available to separate any positive individuals who need to stay on camp for any length of that time.

- Pre-arrival test: Campers with a positive test result will be contacted for next steps, including re-testing and delay of arrival OR providing doctor proof that the child is recovered & cleared from a prior COVID infection.
- Arrival test: Campers with a positive test will be retested and then sent back home to be cleared by their doctor.
- Symptomatic test: Symptomatic campers with a positive test will be moved to a quarantine area under the care of our medical staff until arrangements can be made to send them home.

- Masks

Although we do not plan on using masks during camp, campers should still pack **6 washable masks** with their name on them (and/or a small box or ziplock of disposable masks if they prefer) for possible use on trips, or in the event we need to use them at a specific time.

STAFF

- Staff vaccinations & testing

All our staff is to be fully vaccinated by the time camp starts. Staff will be required to have a negative COVID test result before campers arrive.

- Staff training

Our counselors are essential in the operations of making camp a fun and safe place for our campers. During our staff orientation training period we will discuss our communicable disease mitigation strategies (such as handwashing, no sharing water bottles, etc) that they will help campers implement during summer. The messaging to our staff is that the health and safety of our camp community is their number one priority and anything that may risk that will be re-assessed and altered as necessary. We thank our staff in advance for their dedication to this concept.

OUR PROGRAM & CAMPUS

- Visitors

Our protocols limit deliveries to the front gates and dining hall loading dock only. We limit any contact with vendors to select staff only and have sanitizing rules in place. We will have protocols in place for anyone who must come onto camp including health screening and abiding by clearly communicated procedures.

- Trip Day

We will plan to take trips this summer. We are currently looking at possible lower-risk options.

- Performance Day

We will be holding Performance Days for family visitors. Visitors will be provided with guidelines for health screening prior to visiting day. There is something extremely special and important about our parents getting to experience this day and see what campers have accomplished throughout the session.

- Disinfection & Sanitation

ILC has been ahead of the curve by using electrostatic sprayers as an enhanced method of disinfecting surfaces and areas with a chlorinated solution, effective as infection control. The electrostatic charge assists with the disinfectant sticking to surfaces in a more efficient and comprehensive manner of application. Our housekeeping staff is trained on cleaning & disinfecting procedures throughout camp and concentrating on any high touch areas of concern.

- Culture of good hygiene

We require use of hand sanitizer by everyone before every meal. Hand sanitizer is also available in bunk and activity areas. Campers and staff are taught to wash or apply sanitizer to hands, rub together, including back of hands and fingers, about 20 seconds. We include good hand washing training to our camper bunk meetings on the first day of camp. We also have printed hand-washing reminders for all sinks on camp and our leadership staff are prepared to remind everyone of good health habits throughout camp.

- Airflow

We will maximize outside activity time, which is the best part about summer. We will also increase fresh airflow through buildings. All of our cabins have new screens so that windows can stay open. We are able take advantage of additional dining space provided by the outdoor BBQ & dining patio.

RESOURCES & ACKNOWLEDGEMENT

- We are an American Camp Association accredited camp. The ACA provides us with resources tailored to summer camps with advice from the CDC and third party specialists. We are also a member of the Wayne County Camp Alliance allowing us to collaborate with other camps in our immediate area. There are many people working towards the same goal of a safe and happy camp experience this summer. Our evolving plans will reflect the most current information from these sources as well as the Pennsylvania Department of Health, other camp & health professionals and testing experts.
- Camp is a collection of many wonderful people and many wonderful activities. While we wish that we could control every possible risk, and while we will use our best efforts to keep your family safe from the COVID-19 virus, we cannot promise or guarantee that this or any other pathogen will not enter camp. Independent Lake Camp in no way warrants that COVID-19 or any other communicable disease will not occur through accessing Independent Lake Camp facilities.